



R.I. President
Rtn. Stephanni Urchick



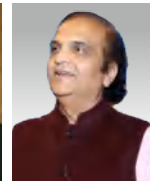
Dist. Governor
Rtn. Tushar Shah



President
Rtn. Umed Fifadra



Hon. Secretary
Rtn. PP Hemang Vahia



Bulletin Editor
Rtn. PP Dilip Shah

✦ When we met last Tuesday 21st Jan 2024 ✦

(A Report by Ann Twisha Jhala)

The second RCBJ meeting of the year was well attended with bonhomie over a sumptuous south Indian dinner.

Everyone was looking forward to hear the speaker, **Shri Gaurang Mistry** renowned Psychologist, Numerologist and founder of "Law and Understanding." The mood was set with the prayer written and sung melodiously by **Ann.Heena Adalja**.

Shri Mistry was florally welcomed by **Pres. Rtn. Umed Fifadra** after which **Shri Mistry** owned the stage with his oratory skills. He acknowledged and thanked **PP Rtn. Dilip Shah** for the push he got when he had embarked on his professional journey. Interestingly, he started his talk by reiterating that in our Indian culture there is no emphasis on psychology and therefore with the help of numerology he was trying to reach out to the Indian psyche about how independent are you in your decision making. He emphasized that in the Mahabharat Krishna was the subjective expert and Arjun, also a subjective expert was confused between emotions and profession. The epic was about self interest & targets, then efforts and direction. He laid emphasis on :

He laid emphasis on :

Emotion] things
Relationship] people
situations

Education
Profession
Self

All in all it was an educative, interesting talk where he laid emphasis in a subtle way to rely on your own educated, self motivated decision making abilities rather than on astrologers etc. Questions asked by **PP Rtn. Chandresh Makhija** and **Rtn. Ashok Sarda** were also answered.

We were reminded of the Four Way Test by our new Rotarian, young **Dr. Pinkal Shah**. The guest speaker was introduced by **PP Rtn. Jagdish Thakkar** with inputs of expanding the 4 line introductory note by **Hon. Sec. Rtn. Hemang Vahia** and vote of thanks was given by **PP Rtn. Chandresh Makhija**. Rotary also acknowledged the presence of **Ann. Malini Shah's** guests, her 3 sisters **Kalpana, Jasmine, Hemali** and brother in law **Rajeshbhai**.

Lucky ladies prizes were won by guest **Ms. Jasmine** and **Ann Sushma Patwa**.

Prizes for correct answers given on quizzes posted in previous Bulletins went to **Rtn Nandkumar Soni, Ann. Pratibha Sarda, Ann Dhara Patel and Ann Riti Duggal**.

Formal Vote of thanks nicely covered by **Rtn. PP Chandresh Makhija** and after the National Anthem sung in chorus, the Meeting concluded.

✦ From the desk of ✦ Yours truly (Rtn. PP Dilip Shah)

Vocational Services

Rotary Vocational Services is a cornerstone of Rotary International's mission to encourage and foster high ethical standards in business and professions, the recognition of the worth of all occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society. Here are the major benefits of Rotary Vocational Services to society:

- Encourages professionals to adhere to the highest ethical standards and to build trust in businesses and communities by emphasizing integrity and honesty.
- Provides mentorship and training to help individuals to develop skills and succeed in their professions and to strengthen local economies by supporting entrepreneurship and small business.
- Fosters Youth Development - To prepare young people for meaningful careers, offering Vocational Training Programs and Scholarships.
- Inspires individuals to use their professional expertise to benefit their communities.
- Implement Projects like job fairs, vocational training centers, and career counseling programs.
- Promotes understanding and collaboration between different industries and social groups.
- Addresses specific community needs by leveraging diverse professional skills and also to provide humanitarian assistance.
- Offers disaster recovery and rehabilitation programs. Providing vocational opportunities to underprivileged and marginalized populations.
- Helps individuals to achieve economic independence through skill-building initiatives.
- Tackles issues such as unemployment, poverty, and inequality through vocational education and support.

Rotary Vocational Services exemplify Rotary's Motto of "Service Above Self" by empowering individuals and strengthening communities through vocational excellence.

✦ Shri Gaurang Mistry - 21.01.2025 ✦

Keynote Speaker and Founder of Indian Institute of Image Consultants & AnkVishwa, Psychologist & Business Consultant

Mr. Gaurang Mistry, Image Consultant and founder of IIC-Indian Institute of Image Consultants is a student of psychology inspired by sociology. He has extensively utilized his knowledge and expertise in the areas of Human Resource planning, Human Excellence, Business & Marketing Strategies & Consultation. His research is based on Concepts of Self through **Bhagwat Gita** and the Indian Culture. Through his research, knowledge, counselling and practice, he has designed a structured course- Subjective Self; a predefined way of life that guarantees awareness, actualization and understanding of Self and Life, hence accelerating personality, leadership and life skills.

He is also the founder of an Independent theory **ANKVISHVA**.

AnkVishwa is based on Medical Science, Genetic Science, Science of Psychology, Science of Karma & Dharma and Science of Numbers.

It can provide a complete suggestive road map for life, which would also contain an indication of the individual's strengths and weaknesses. Hence, it can help to achieve ones full potential in the profession and live a stress free personal life. He has designed number of result oriented programs to increase self awareness, improve inter-personal relationships at work & at home. These programs can teach the most essential life skills to establish individuality.

Through AnkVishwa, **Shri Gaurang Mistry** provides personal counseling which helps individuals to cope with work related stress, family related issues, marital conflicts, psychosomatic illnesses, physical & mental trauma of different kinds and any challenging situations that human beings are required to deal with in everyday living.

He has conducted several Educational & Awareness programmes in the Educational, Government, Corporate sectors.

✦ Birthday Greetings ✦

21st Jan : Ann Pratibha Sarda
 24th Jan : Rtn. Nandkumar Soni
 26th Jan : Rtn. Joybrato Mukherjee
 27th Jan : PDC Deepali Doshi
 29th Jan : Rtn. Utkarsh Mehta



✦ Anniversary Greetings ✦

22nd Jan : Rtn. PP Rajeev & Nisha Bhargava
 23rd Jan : Rtn. Dilip & Sadhana Chokshi
 25th Jan : Rtn. PP Dr.Sanjay & Rekha Pandit
 26th Jan : Rtn. PP Ashok & Nita Shah
 28th Jan : Rtn. Ketan & Sujata Parikh
 31st Jan : Rtn. Bharat & Malini Shah
 31st Jan : Rtn. Amul & Putli Jikar
 1st Feb : Rtn. PP Hemang & Aditi Vahia



✦ SECRETARIAL ANNOUNCEMENTS ✦

HON.SEC. Rtn.PP HEMANG VAHIA

Speaker Meeting – Shri Gaurang Mistry – Subjective Self with Numerology based on Bhagwat Gita) - (Tuesday – 21.01.2025)

- Service Project Chair **Rtn.PP Anita Jandial** has once again requested all Rotarians and Anns to be an Organ Donor. Anyone desirous of registering as an Organ Donor, may please contact her for filling-in the online form. This is part of the Monthly Service Project.
- The 12th Edition of MGVM International Marathon 2025 is scheduled on Sunday 2nd February 2025. RCBJ is participating in the NGO Category of 5kms run. Many members of RCBJ including Anns have already registered. Looking forward to this Annual Event.
- RI District 3060 is in the process of issuing ID Cards for all the members. For this all the members need to fill an online form which has been sent on our Official RCBJ Business Group. Request to our members to fill the form and submit the same online from your mobile. The last date of submission is 31.01.2025.
- **Rtn.PE Mitesh Vadhia and Hon.Sec.Elect.Rtn.Manish Shah** attended the Pre-President Elect. Learning Seminar (Pre-PELS) and Pre-Secretary Elect. Learning Seminar (Pre-SELS) on Sunday 12th January '25 at Nadiad hosted by the Rotary Club of Nadiad Green. Heartiest Congratulations !!!

✦ WINNERS OF THE VISHWACHAKRA QUIZ CONTEST ✦

(1) Rtn.PP Dr.Sanjay Pandit	-	Q-1	Issue-9 & 10
(2) Rtn. Nandkumar Soni	-	Q-1	Issue-9
(3) Ann Neeta Dhar	-	Q-1	Issue-10
(4) Ann Pratibha Sarda	-	Q-1	Issue-11
(5) Ann Dhara Patel	-	Q-1	Issue-13
(6) Ann Reeti Duggal	-	Q-1	Issue-13
(7) No Answers Received	-	Q-2	Issue-13

✦ FORTHCOMING MEETINGS ✦

- Please note that the Meeting of Tuesday 11th February '25 is being preponed to **Sunday 2nd February '25**.
- On Sunday 2nd February 2025, a visit to Art Centre located at Jaspur, Near Vadodara has been arranged followed by Lunch. The Art Centre, which belongs to **Shri Rakesh Agrawal**, encompasses Global Art. It is a lifetime opportunity to see where passion can take you. Details will follow. According to **Rtn.PP Bharat Shah** who is co-ordinating the above visit, this centre will sooner or later find a place on the Global Map.”
- On Tuesday 25th February 2025, we shall have Vocational Awards Ceremony here at Hotel Surya Palace. The Event Chairman **Rtn.PP Dilip Shah** is working hard for the resounding success of this Ceremony.

+ VISIT TO UTTARAYAN ART CENTRE, JASPUR +

Dear RCBJ Family,

On behalf of **Mr. Rakesh Agrawal**, a leading industrialist and founder of the Uttarayan Art Centre, I am pleased to invite you all to experience a remarkable collection of global art at Jaspur.

Date: Sunday, 2nd February

Meeting Time: 9:30 AM sharp

Meeting Point: Kabir Farm, Sevasi

Travel Time to the Centre: Approximately 45 minutes

Introduction by Mr. Rakesh Agrawal: 10:30 AM to 11:00 AM, followed by a tour of the centre.

This visit offers a unique opportunity to see one of the largest collections of global art in the country.

Mr. Rakesh Agrawal will personally share his vision during the visit and has graciously agreed to host a lunch for us. Please join us to enjoy the lovely weather and experience this remarkable art centre.

Request: No children under 15 PLEASE

All other details regarding timings, etc., will be sent again via WhatsApp. Kindly confirm your attendance by 31st January latest to help us plan ahead.

Best wishes,

Rtn. PP Bharat Shah

✦ GLIMPSES OF LAST MEETING CONDUCTED ON 21.01.2024 ✦



✦ Scratch Your Brain ✦

Q.1. What is the four-digit number in which the first digit is $1/4$ of the second, the third is the sum of the first and second, and the last is two times the second?

Q.2. $334 = 31$
 $426 = 40$
 $535 = 47$
 $678 = ??$



Ans : Edition.13-

Q.1 = 10

Q.2 = 24

✦ The Honest Woodcutter ✦

A woodcutter accidentally dropped his Axe into a river and sat by the bank, lamenting his loss. A Deity appeared and offered to help, diving into the water and retrieving a Golden Axe. The Woodcutter refused it, saying it wasn't his. The Deity then brought out a Silver Axe, but the Woodcutter again said no. Finally, the Deity retrieved the Woodcutter's own Axe, and he gratefully accepted it. Impressed by his honesty, the deity gifted him the golden and silver axes too.

Moral : Honesty is always rewarded.

✦ Rotary information ✦

Contributed by Rtn. Vivek Patel



Elevate Your Service

Service is the heart of Rotary. It's one of the main reasons people are part of Rotary. We use the Conducting Community Assessments and Rotary Impact handbooks to help us plan projects that prioritize long-term positive benefits to the communities we serve to create lasting, positive change.

Why community assessments matter

As we continue to focus on increasing our impact, partnering with communities is crucial. This collaborative approach empowers communities and enhances the success of our service projects. Understanding a community's priorities is the foundational step toward making a lasting difference. The recently updated Conducting Community Assessments handbook (formerly known as Community Assessment Tools) provides guidance on how to work with community members to identify their priorities and design projects together. By actively involving local individuals and institutions in this process, we ensure that our efforts align with their goals.

The handbook also covers data privacy and diversity, equity, and inclusion—ensuring our projects respect the people and environment where they take place.

Measuring our impact

Another element of increasing our impact is our ability to measure our project outcomes. The new Rotary Impact Handbook helps us incorporate measurement activities within our service project so we can demonstrate project progress and results. It provides guidance on various measurement methods that can be applied to every club or district project. The Impact Handbook also explains the "building blocks to impact" framework, which helps us outline and visualize our investments in a project (our project's inputs), project outputs, outcomes, and long-term impact.

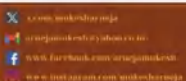
Measurement of impact isn't just an afterthought; it should be woven into every stage of the project. Measurement should be applied to every project we undertake – regardless of how small or large the initiative may be – so that we can ensure we are progressing towards the project goals. This approach enables us to make necessary adjustments along the way, ensuring that our efforts remain aligned with community priorities and objectives.

Plan effectively

Combine these two resources to develop well-structured projects that align with community priorities and incorporate measurement to understand their outcomes. We can create lasting and positive changes through our club and district-led service work by developing evidence-based projects with measurable and sustainable results.

When planning a service project, start by identifying a specific goal – the change the community wants to make. From there, develop activities that are directly linked to that goal, and prioritize measurement. This allows to compare our project's outcomes with the baseline data gathered during the community assessment, providing a clear picture of what has been achieved.

This enables us to increase our impact, build stronger relationships with communities, and inspire others to join us in making a positive difference. Let's work together to build a better future, one project at a time.



PDG Mukesh Arneja
 R.I Dist 3012 Delhi-SCR

#Passion-Perseverance-Persistence



“You only live once, but if you do it right, once is enough”